

Rick n' Nic's Guide to B'more

Your Guide to Charm City's Best Restaurants and Attractions Baltimore, Maryland • January 4-8, 2012

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Cruising Around



How to Speak Balmerese:

Chest Peak - Chesapeake

Wooder - What's in the Chest Peak

Merlin - The state you're in!

Naplis - Capital of Merlin.

Goen downy oshin, hon, -Going down to the ocean, hon.

Natty Boh - National Bohmemian Beer, to drink when yer goen downy oshin!

Arshter - Shellfish from the Chest Peak.

Torst - That's you! (tourist)



Welcome to Baltimore, Hons!

This Guide will provide you with all the information you need to make your interlude in Baltimore (Balmer, as the locals say) pleasant and enjoyable. Rick n' Nic have done all the hard work to find the best spots for dining, libations, and local attractions. (No, Rick n' Nic are not local attractions). For many months, we have selflessly labored to sample all that Baltimore has to offer — this Guide provides the result of our extensive scientific research. We list our favorite restaurants, pubs, and attractions, together with helpful maps to make sure that you don't lose your way while exploring our fine city. Also look for the discounts! We also listed local pharmacies, banks, parking and other important locations in the vicinity. On the final page, we include information on how to get around town (and even how to reach DC) during your conference stay. Hope you enjoy your visit to the Land of Pleasant Living, Hons!



The kitschy Hon tradition began between the 1950s and 1970s. It was common to see working class women from the Hampden, Highlandtown, and Canton neighborhoods wearing gaudy bright dresses with outdated glasses and beehive hairdos. Men often dressed casually as many of them worked at the local factories and docks. Now there is an established "Hon" culture, coupled with the distinct Baltimore accent (see left). The term "Baltimore Hon" took its name from locals finishing their sentences with "hon". This phenomon is celebrated with the yearly HonFest, and the crowning of Baltimore's Best Hon. If you're out and about and someone calls you "hon", don't get the wrong idea. It's just a local term of endearment!

Charm City's Nifty Neighborhoods

Baltimore, also known as "Charm City" (don't ask us why, we just live here) developed historically as a series of distinct, ethnic neighborhoods, each with its own pizzazz. The SHA Conference is located in the upscale Harbor East neighborhood. Surrounding us, the Inner Harbor lies to the west. (If you're facing the water, west is right). Little Italy is north (behind you), and Fells Point lies to the east (left). There are other great neighborhoods like Federal Hill and Mount Vernon which aren't in walking distance, but worth jumping on the free Charm City Ciruclator and checking out. Use the map in your registration bag or last page of this guide for transportation suggestions.

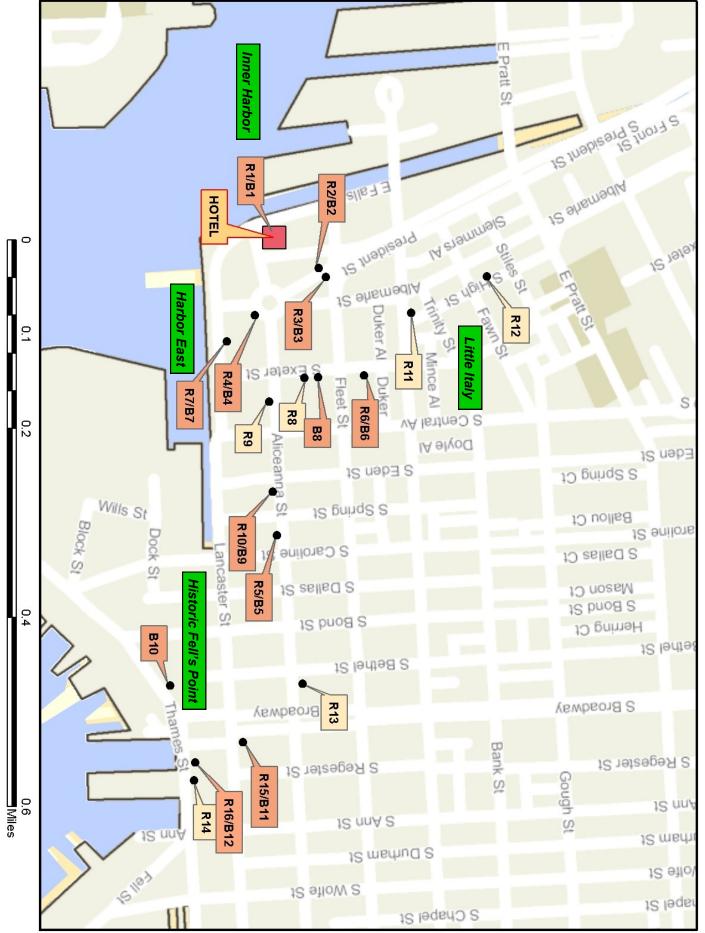
Restaurants, Pubs, and Libations

These are many restaurants within walking distance but here are some of our favorite spots in the neighborhoods of Harbor East, Little Italy & Fell's Point. Most restaurants offer vegetarian options. B=breakfast, L=lunch, D=dinner.

- **R1/B1.** At the Marriott: Rigano's Deli, Grille 700, and Kosmo's Lounge. Overall, the bar food is mediocre and Grill 700 prices are steep. On the bright side, it's convenient, the deli serves Starbucks, quick breakfast food and local bottles of wine. Kosmo's has decent happy hour specials. Grill 700 has superb food, especially for dinner! **Free WiFi in the lobby.**
- **R2/B2.** James Joyce Irish Pub & Restaurant (616 President St.—L & D): This awesome Irish Pub is right around the corner and the regional fare is outstanding. Great atmosphere with moderately priced food (go with the Irish specialties), live music on weekends. **10% Discount with your conference badge!** *Location of the Roundtable Luncheons.
- R3/B3. Talara (615 President St.—L & D): This great South American fusion restaurant is very close to the hotel, and has excellent food at a moderate price. Atmosphere is vibrant with plenty of seating. Brazilian cocktails and a deep list of South American and Spanish wines. One of our favorite spots! 20% off with your conference badge!
- **R4/B4.** Oceanaire Seafood (801 Aliceanna St.–L & D): Formal and a bit expensive but the food is great. The bar prices are half the main menu. Try the oyster of the day for \$1.50 each! A wide selection of wine is offered.
- **R5/B5. Pazo** (1425 Aliceanna St.–D only): One of our favorites-*the* place to go for dinner or late-night small plates. This renovated shop affords an elegant setting (attire is dressy). While *not* inexpensive, there are moderately priced items on the menu and a wide selection of wine. Reservations are best, but not necessary if you get there early. Don't miss it!
- **R6/B6. Vino Rosina Restaurant and Wine Bar** (507 S. Exeter St.–L & D): Same owner as Pazo's-comfortable spot in a rehabilitated furniture factory. The food and atmosphere is great, 60 international wines, and a small variety of beers!
- **R7/B7.** Cinghiale (822 Lancaster St.–D only): Same owner as Pazo's we've not visited but the food and wine is reported to be really good (it's expensive & attire is dressy). Over 50 wines by the glass, mostly Italian.
- **R8. Taco Fiesta** (618 S. Exeter St.–L & D): Excellent tacos & burritos with seven home-made salsas at their salsa bar! Great place for a quick, inexpensive lunch.
- R9. Harbor East Deli/Pizzeria (1006 Aliceanna St.-L&D): Great quick lunch spot for pizza, salads, & sandwiches. Free WiFi.
- **B8.** Bin 604 Winery (604 S. Exeter St.): This boutique wine store specializes in smaller vineyards at great prices. Mediterranean wine tasting for \$19 on Jan. 5th (Thursday).
- **R10/B9.** Teavolve Cafe (1401 Aliceanna St.–B, L, D): Paninis, salads, wraps and crepes, 48 varieties of gourmet tea, coffee beverages, wine & cocktails. Free WiFi.
- **R11.** Café Gia Ristorante (410 S. High St.–L & D): One of the closest Italian Restaurants in Baltimore's famed Little Italy, this small café offers very good food at a reasonable price in cozy setting.
- **R12.** Ciao Bella (236 S. High St.–L & D): Chef/owner Tony Gambino offers great Italian food in a cozy atmosphere. **10**% discount with your conference badge! *Location of the Past President Luncheon.
- **R13.** Liquid Earth (1626 Aliceanna St.–B, L & D): Local and organic products, a juice & smoothie bar are featured at one of the best vegetarian/vegan restaurants in the area.
- R14. The Daily Grind (722 Thames St.-B & L): Offers coffee and vegetarian or carnivore sandwiches. Free WiFi.
- **B10.** The Horse You Came In On Saloon (1626 Thames St.–L & D): Bar food and live entertainment, the Horse is claimed as the oldest continually operating saloon in North America, established 1775.
- R15/B11. Max's Taphouse (737 S. Broadway–L & D): Max's huge beer selection is not to be missed! Listed as one of America's Best Beer Bars: 2011, Max's has an impressive 140 drafts on tap, 5 cask ales, and 1200 bottled beers. It's an archaeologist's dream come true! A variety of food is also available. (Trust us, it's worth the walk!) Free WiFi.
- **R16/B12.** Slainte Irish Pub (1700 Thames St.–B, L & D): Offers Irish food with a touch of Baltimore (25 cent Oysters Friday 4-7pm with a drink purchase [Rick says that ya can't beat a 25 cent arster!]).

Discounts valid January 4-8 only and one discount accepted per check.

Restaurants and Libations



Museums & Attractions

M1: American Visionary Art Museum \$\$ 800 Key Highway

Tues through Sun, 10-6

M2: Maryland Science Center \$\$

601 Light Street

Tues through Thurs 10-5, Fri 10-8, Sat 10-6, Sun 11-

M3: Baltimore Area Visitor Center FREE!!

401 Light Street

Wed through Sun, 10-4

M4: Historic Ships in Baltimore, USS Constellation FREE with conference badge! (donation suggested)

Pier 1

Mon through Sun 10-4:30

M5: Top of the World Observation Level at the World Trade Center \$

401 E. Pratt Street

Fri & Sat 10-7, Sun. 11-6

M6: Historic Ships in Baltimore, Lightship

Chesapeake & USS Torsk

FREE with conference badge! (donation suggested)

Pier 3

Mon through Sun 10-4:30

M7: National Aquarium \$\$\$

501 E. Pratt Street

Mon through Thus 10-4, Fri 10-8, Sat & Sun 10-5

M8: Historic Ships in Baltimore, USCG Cutter

Taney & Seven Foot Knoll Lighthouse

FREE with conference badge! (donation suggested)

Pier 5

Fri & Sat 10-3:30

M9: Port Discovery Children's Museum \$\$

85 Market Place

Tues through Fri 9:30-4:30, Sat 10-5, Sun 12-5

M10: Carroll Mansion & Phoenix Shot Tower \$

800 E. Lombard Street

Mansion open Mon through Sun 12-4, Shot Tower

open Sat & Sun at 4.

M11: Reginald F. Lewis Museum of Maryland

African American Culture \$

Reduced admission with coupon in tote bag.

830 E. Pratt St.

Wed through Sat 10-5, Sun 12-5

M12: Star Spangled Banner Flag House \$

844 E. Pratt Street

Tues through Sat 10-4

M13: Baltimore Public Works Museum \$

751 Eastern Ave.

Tues through Sun 10-4

M14: Civil War Museum FREE!!

601 S. President Street

Mon through Sat 10-5, Sun. 12-5

M15: Baltimore Tattoo Museum FREE!!

1534 Eastern Ave.

Mon through Sat 11-8, Sun 11-7

M16: Frederick Douglass – Isaac Myers Maritime

Park \$

1417 Thames Street

Mon through Fri, 10-4:30

\$ = under \$10 \$\$ = \$10-20 \$\$\$ = over \$20 Hours and ticket prices subject to change.

ghes St 55 cer St 18 JABIJ 2 0.05 **M**3 E Montgomery St E Churchill St ombard St **M**2 is uin Inner Harbor 1S eoremme 0.1 M5 Warren Av IS YES M9 Water St M10 M8 ₹ HOTEL Historic Fell's Point Harbor East M12 M13 ts aher M14 Mince Al S Exeter St Doyle Al 1S ua M16 Little Italy S Eden St 5 Spring Ct Wills St 18 Buinds S Ballou Ct M15 12 anile S Caroline St S Dallas Ct ancaster St 12 SELLEC S Mason Ct 1S puog S IS puog S Herring Ct 18 lar S Bethel St

Museum & Attractions Map

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Local Necessities

Banks

B1: Bank of America ATM

655 S. President Street

B2: PNC Bank

1000 Fleet Street

B3: M&T Bank

400 E. Pratt Street

B4: BB&T Bank

1510 Fleet Street

B5: M&T Bank

432 S. Broadway

B6: Bank of American Branch & ATM

524 S. Broadway

B7: Bank of American ATM

808 S. Broadway

B8: BB&T Bank

111 S. Calvert Street

B9: 1st Mariner Bank

701 S. Broadway

B10: Wells Fargo Bank

725 S. Eden Street

B11: Harbor Bank of Maryland

1000 Lancaster Street

Parking Garages

P1: Marriott Waterfront Hotel

700 Aliceanna Street

\$8.50 hourly, \$26 daily, \$40 daily valet

P2: Harbor East Parking Garage

100 International Drive

\$7 hourly, \$23 daily

P3: Dodge Garage

815 E. Pratt Street

\$7.50 hourly, \$17 daily, \$12.50 night rate

P4: Pier V Parking Garage

711 E. Pratt Street

\$10 all day parking with coupon obtained from the conference registration desk if driving back and forth each day. If staying overnight, see

cashier for discount.

P5: Caroline Street Garage

803 S. Caroline Street

\$12 all day on weekdays, \$3 all day on weekends

Other

Police Station

601 E. Fayette Street

*In an emergency, call 911

UPS Store

211 E. Lombard Street

Office Depot

815 Pratt Street

Whole Foods Market

1001 Fleet Street

CVS Pharmacy with Minute Clinic

630 Exeter Street

Store open 24 hours

Mercy Medical Center (not shown on map)

301 Saint Paul Street

*In an emergency, call 911

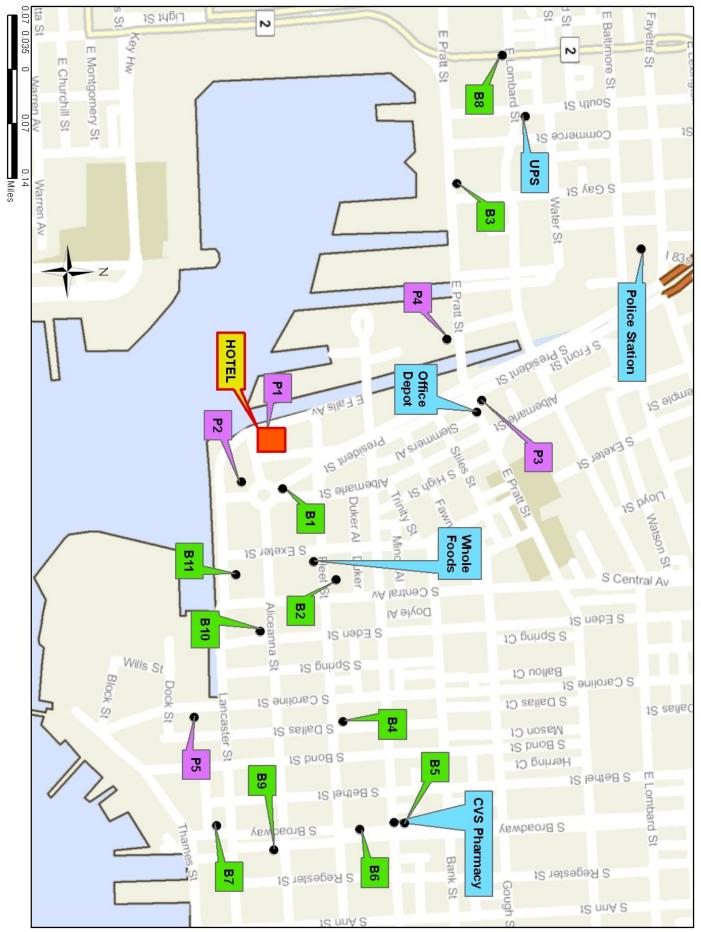
Johns Hopkins Hospital (not shown on map)

600 N. Wolfe Street

*In an emergency, call 911

Parking rates subject to change.

Local Necessities Map



Cruising Around Charm City

While you're here, you may want to take a gander at the historic sites in and around Baltimore, arrange your own trip to Washington, D.C., or perhaps go crabbin' in the Chesapeake (but you won't catch anything other than a cold in this time of year). Baltimore may seem intimidating but it's easy to get around. If you've ever watched *The Wire* and are freaked out, get over it! Your local travel gurus Rick n' Nic offer the following guidance for getting around Charm City (don't blame us if you get lost!):

Check out the Maryland Transit Administration (MTA) trip planner at the website – type in your origination, destination, date & time, and you'll get instructions on using various forms of public transportation. http://mta.maryland.gov

Other options:

- Call a cab. A typical fare might be \$1.80 plus 20 cents per 1/11 mile (yes, an eleventh of a mile, don't ask us why ...). A ride to BWI might be had for a flat rate, but call first (for instance, Airport Quick Connection, 1-877-772-5466).
- Ride the Charm City Circulator. This is your best bet for getting around town—it's clean, green, and quiet, and it's <u>free</u>!! The Orange Line and Green Line serve Harbor East, with buses running about every 15 minutes: http://www.charmcitycirculator.com/content/route-maps. Maps are also inside your registration bag.
- MTA also operates a Metro Bus. Fares start at about \$2: Routes 11, 21, 7, and 10 serve the Harbor East area, check http://mta.maryland.gov/content/transit-maps for a map of all routes.
- The MTA MARC Train has three lines to D.C. (Union Station)-check http://mta.maryland.gov/marc-train. AMTRAK also runs trains; they cost more, http://www.amtrak.com/.
- Baltimore has a Light Rail and a subway system. To get route information visit the above MTA website. Stations are in the Inner Harbor, west of the Hotel.

Getting to the Airport

MARC trains (see above) service the Baltimore/Washington International Thurgood Marshall Airport (BWI) with free shuttles from the airport station to the terminal. A Light Rail station is immediately outside the lower level of the terminal next to Concourse E. However Light Rail makes many stops and you'll need to take a taxi from the hotel to the station. Another option (and probably the easiest and cheapest) is to take Super Shuttle, http://www.supershuttle.com/ or call 1-800-BLUE-VAN. Super Shuttle goes to and from all three Baltimore/DC area airports. A taxi is your last option, see above.

